

ALT's★Corner

ちょっとした日本語訳もつけていますが、そこだけでなく英語も必ず見るようにしてみてください。

Let's Talk About Food!

Recently, we have talked about food a lot in class! Some of you even told me how to make curry in English! So I'd like to tell you how to make something too! I will tell you how to make an American style pasta salad. This is a recipe I really like, and it's great to eat in summer too!

How to Make an American Style Pasta Salad

Ingredients:

Pasta - Choose a kind that you like! I like to use the colored rotini pasta!
Italian dressing
Broccoli
Mini tomatoes
Cheese - We will cut it into small cubes.
Pepperoni/Salami/Ham - Please pick what you like!
Olives

写真の種類でなくても、何の Pasta でも OK!!



(2年の授業で)食べ物についてたくさん話しましたね。カレーの作り方も英語で教えてくださいましたね。今度はわたしが皆さんに、アメリカ風パスタサラダの作り方を紹介します。夏にぴったりですよ!

Directions:

1. Boil the pasta. Drain and rinse it with cold water.
2. Cut the vegetables, cheese, and meat into smaller pieces.
3. Add the pasta, vegetables, cheese, and meat to a bowl. Then, add the italian dressing and mix it together.

Enjoy!

- 1 パスタをゆがいたらすすいで冷水へ
- 2 具材を小さく切る
- 3 皿(ボウル)に入れてすべて混ぜる。そして、イタリアンドレッシングをかけて混ぜる



You can add other vegetables if you'd like, or leave out the ones you don't like. For example, I don't like olives, so I usually don't add them.



他の野菜を入れてもよし、嫌いなものは除いてもよし。例えばわたしはオリーブが好きじゃないから、ふだんは入れないわ!